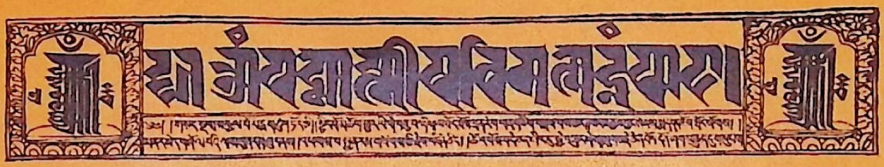
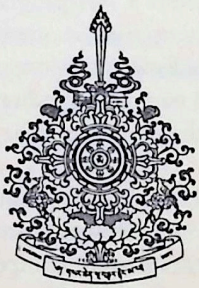


NYINGMA INSTITUTE

NYINGMA INSTITUTE

SPRING & SUMMER PROGRAM

1974



This spring and summer, the Nyingma Institute is sponsoring a most complete and rounded effort to bring the teachings of Buddhism, and particularly the Nyingma school of Tibetan Buddhism, to the West. This program is a unique opportunity to make contact with the secular and non-dogmatic teachings of the Nyingma school. The scope of the training offered in philosophical and psychological thought, in applied clinical techniques, in Tibetan language and in individual development, through meditation and retreats, has not been excelled in any presentation made outside of Tibet. The faculty includes many of the finest Buddhist scholars and teachers.

In starting the Nyingma Institute, our goals were to preserve and transmit the centuries-old teachings of Tibetan Buddhism and to contribute to Western psychological theory and practice, par-

---

Cover: Knot of Eternity, one of the eight auspicious symbols of Tibetan Buddhism, symbolizing Buddha Mind.

ticularly by training teachers and practitioners. The Nyingma teachings penetrate the nature of the human condition drawing on a vast tradition of insight into the human mind and employing various physical-mental techniques to explore states of consciousness. Until the past few years, the teaching of Tibetan Buddhism in the West has usually been distorted by inadequate translations and by rumors of alleged "occult" practices. Much has been done to dispel these misconceptions, and much more remains to be done.

The Spring quarter offers a full program of academic courses, weekend seminars, and instruction in meditational techniques–in addition to the opportunity for month-long supervised retreats. This program is open to full and part-time graduate students. Many of the offerings are also open to the general public.

In the summer, the Institute is sponsoring two intensive training seminars, one for mental health professionals, the other for teachers of philosophy. Both assume competence in the given field and both will require considerable effort and initiative from participants. Summer courses open to the public, in Buddhist Philosophy, Tibetan language, and other subjects will also be available. In the following pages, details are given regarding the above programs.

Rather than present a system of thought or abstraction irrelevant to the human condition, we aim for a synthesis of thought, speech and action. We hope that these programs will be useful to you in opening up the full human potential for you and for others.

TABLE OF CONTENTS

Spring Courses

Introductory Nyingma Meditation 5
Nyingma Meditation 5
Early Stages of Development in Mahayana Buddhism 6
Buddhist Philosophical Systems 6
Nyingma Philosophy II 7
Sanskrit I 7
Tibetan I 8
Tibetan II 8
Tibetan III 8
Introduction to Kum Nye [Extension] 9
Masters Practicum 10
Introduction to Tibetan Buddhism 11
Seminar in Nyingma Teaching Methods 11

Spring Seminars

Meditation on the Three Kayas 12
Kum Nye Relaxation for Older Persons 12
Kum Nye Relaxation 12
Vajrayana Visualization and Meditation 12
Upa Yoga 12

Summer Courses

Kum Nye 13
Comparative Philosophies and Religions 13
Buddhist Philosophy and Its Development 13
Tibetan View of Indian Buddhism 13
Buddhist Tradition of India 14
Tibetan Language 14

Intensive Summer Programs

Buddhist Philosophy Training Program 14
Nyingma Human Development Training Program 17

Graduate Program

Masters Program 20

General Information

Retreats 21
Bookstore 21
Gesar News 21
Institute Library 21
Application Form 23

SPRING COURSES

April 8 – June 7

Meditation

Introduction to Nyingma Meditation

Tarthang Tulku Rinpoche

A general exposure to various meditational practices of the Nyingma tradition and to its teaching about mind and consciousness. Practices include meditation, visualization, chanting and physical exercises.

[*Tuesday 7–9pm, except May 21, 28, June 4* $60]

Nyingma Meditation

Tarthang Tulku Rinpoche

A continuing meditation class. Prerequisite: Introduction to Nyingma Meditation.

[*Wednesday 7–9pm, except April 17, May 1* $70]

Tarthang Tulku Rinpoche is a reincarnate lama of the Tarthang Monastery in Eastern Tibet. Rinpoche has mastered various aspects of Tibetan culture, philosophy, psychology and meditation and has comprehensively studied the Nyingma school of Tibetan Buddhism for over twenty-five years. Rinpoche is the founder of both the Tibetan Nyingma Meditation Center and the Nyingma Institute.

All courses are for four units of academic credit unless otherwise noted.

In addition to graduate program students and general public, students enrolled in other colleges and universities, such as University of California at Berkeley, Graduate Theological Union, Sonoma State University, Oakland College of Arts and Crafts, participate in the Institute program and receive academic credit.

PHILOSOPHY

Early Stages of Development in Mahayana Buddhism

LEWIS LANCASTER

This seminar will be a study of the earliest Mahayana sutra, the *Astasahasrika-prajnaparamita-sutra* and the subsequent development of this family of Buddhist texts. Comparison will be made to the contemporary schools against which some of the Mahayana sutras were directed. Students will also be given an opportunity to discuss the material as it related to the emergence of the Madhyamika school of Nagarjuna.

[*April 19, 7–9pm; April 20–21 and May 4–5, 10–12am & 1–3pm* $65]

LEWIS LANCASTER received his Ph.D. in Buddhist Studies at the University of Wisconsin. He is currently an Associate Professor at the University of California, Berkeley, and is chairman of the Group in Buddhist Studies there. Last year he co-led the University of California's Himalayan Manuscript Project.

Buddhist Philosophical Systems: An Overview

STEVEN GOODMAN

A treatment of the major Buddhist philosophical systems as developed in India and elaborated in Tibet. The course will be based primarily on H. V. Guenther's *Buddhist Philosophy in Theory and Practice*, with supplementary readings for each philosophical system. This course is recommended for those who already have a working familiarity with basic Buddhist concepts.

[*Friday 7–9pm* $65]

STEVEN GOODMAN is a graduate of the University of California, Berkeley, and has been a student for the past four years of Tibetan Philosophy and Language with Tarthang Tulku Rinpoche.

Nyingma Philosophy II: Essentials of rDzogs-chen [Atiyoga] Philosophy

HERBERT GUENTHER

In this course Buddhist philosophy is dealt with in its 'existential' significance for the human situation and its problematic nature. The course traces the beginnings of this philosophy and develops it to its mature formulation by the great Nyingma philosophers.

[*May 20–June 7, Wednesday and Friday 2:30–5:00 $65*]

HERBERT V. GUENTHER holds Ph.D. degrees from the universities of Munich and Vienne. Head of the Department of Far East Studies at the University of Saskatchewan, he has published several important books in Tibetan Buddhism, including *The Royal Song of Saraha, The Jewel Ornament of Liberation,* and *Treasures of the Tibetan Middle Way.*

LANGUAGE

Sanskrit I

V. W. Paranjpe

This course introduces Sanskrit grammar to beginners. Sanskrit is the vehicle for the great bulk of traditional Indian thought, religion, literature and culture, and, in particular, for the central text of Brahmanism, Hinduism, and Mahayana Buddhism preserved in India. A study of Sanskrit, then, is essential for anyone who wishes to seriously approach the great body of India's spiritual and intellectual heritage.

[*Tuesday and Thursday 5:00–6:30 $65*]

V. W. PARANJPE received his Ph.D. from Poona University. He is currently visiting professor of Sanskrit at the University of California, Berkeley. He has focused in the field of classical grammar and he is involved in the compilation of a very comprehensive Sanskrit dictionary.

Tibetan Language

The study of Tibetan is of particular importance in the program of the Institute. It is our hope that interested students gain sufficient knowledge of the Tibetan language to assist in the translation of the thousands of Nyingma texts now available only in Tibetan. Unless these texts are translated now under the supervision of a teacher of authentic lineage, much of real value in these 'esoteric' texts may be lost.

Tibetan I

Peter Hanssen

This is a beginning course serving as an introduction to pronunciation, calligraphy, and basic grammar of classical Tibetan. The class will work with selected passages from a variety of texts.

[*Monday and Thursday 5:00–6:30pm* $65]

Tibetan II

Peter Hanssen

This is a continuing course which requires a basic acquaintance with the rudiments of Tibetan grammar, and especially with the use of the particles [*tshig-phrad*]. The substance of the course will be guided reading of various sorts of literary Tibetan, with emphasis on the grammar and development of vocabulary.

[*Monday 1–4pm, April 8, 22, May 6, 20, June 3* $50]

Tibetan III

Peter Hanssen

This will be a careful, guided reading of the *Sems-kyi dpyod-pa rnam-par sbyong-ba so-sor brtag-pa'i dpyad-sgom 'khor-lo-ma* by the great rNying-ma Lama Mi-pham rNam-par-rgyal-ba. This text provides in brief and lucid form an introduction to the practice and significance of the traditional *vipasyana* and *samatha* systems of meditation. This work has been translated into English and published with running commentary under the title *Calm and Clear*. Dr. H. V. Guenther's

Philosophy and Psychology of the Abhidharma will also be required reading.

[*Thursday 1–4pm, April 11, 25, May 9, 23, June 6* $50]

PETER HANSSEN has studied Tibetan at the University of California, Berkeley, and for three years as a student of Tarthang Rinpoche and Mervin V. Hansen.

KUM NYE

Introduction to Kum Nye (sKu mNye) Relaxation

AUBREY LINDGREN, GAY GAER LUCE AND ROD TAYLOR

Kum Nye is a form of Tibetan exercise emphasizing relaxation of body-mind. It is very important for Westerners with problems of tension or anxiety. It involves many techniques which center around a conscious, mindful, attentive relaxation of various parts of the body, and an attentive feeling of the energy there, flowing or contained. Visualizations of colors or chakras may be used in order to achieve an openness of body and mind. Westerners are often closed in by concepts and tied up with their own ideas. The methods of Kum Nye help all sensory data to flow smoothly and to open the feelings.

[*Thursday 6:30–8:30* $65]

Kum Nye

VIRGINIA VEACH [SUTTON]

A continuation of Introduction to Kum Nye Relaxation with that course or equivalent as a prerequisite.

[*Monday 4–6pm* $65]

Introduction to Kum Nye Relaxation—Extension

Introductory Courses in Kum Nye Relaxation will be given this Spring in the following Bay Area communities:

Marin	Rodney Taylor
Walnut Creek	Aubrey Lindgren
San Jose	Richard Karl Payne

[*Tuesday 7–9pm* *$65*]

Participants will be notified as to location.

AUBREY LINDGREN–Private practice in transpersonal psychology. Trained in Gestalt with Fritz Perls. Graduate 1973 Human Development Training Program.

GAY LUCE received an M.A. from Stanford University and is a doctoral candidate at the Union Graduate School. In addition to a recent book, *Body Time*, she has authored several books and articles dealing with sleep and dream states. Graduate 1973 Human Development Training Program.

RICHARD KARL PAYNE–Administrator of Educational Planners and Evaluators. Graduate student in philosophy at San Jose State. Graduate 1973 Human Development Training Program.

RODNEY TAYLOR–Clinical Director, New Life Treatment Center, Drug-Alcohol Dependency Facility. M.S. Counseling Psychology. Graduate 1973 Human Development Training Program.

VIRGINIA VEACH [SUTTON]–Physical therapist and psychotherapist. Founder of Ting Sha Institute, a country center in Sonoma County. Graduate 1973 Human Development Training Program.

SPECIAL COURSES

Masters Practicum

A seminar required for and limited to full and part-time students enrolled in the Institute Masters Program. One hour per week. Time to be arranged. $20 for part-time students.

Introduction to Tibetan Buddhism

JAMES SHULTZ, KATHY SPEETH
AND OTHER STAFF MEMBERS

A nontechnical course which is a good starting place for persons who want to learn what Tibetan Buddhism has to offer. Designed to introduce and highlight the various aspects of Tibetan Buddhism, meditation, philosophy, Kum Nye relaxation, Thanka art, Buddhist psychology. Talks will attempt a clear explanation of major concepts and practices, and will include meditation instruction, movies and records, and a review of major books on Tibetan Buddhism.

[*Monday 5:45–7:15* $50]

JAMES SHULTZ received his Ph.D. in Human Development from the University of Chicago. Formerly Program Director in Higher Education for the NTL Institute in Washington, D.C., he is Vice-President of the Nyingma Institute and a graduate of the 1973 Human Development Training Program.

KATHY SPEETH, PH.D. Psychologist, SAT secretary-treasurer, writer, consultant, Gestalt therapist. Graduate 1973 Human Development Training Program.

Seminar in Nyingma Teaching Methods

TARTHANG TULKU RINPOCHE

A class in practical training techniques. Open by invitation only.

[*Monday 7:30–9:30 except April 22 and May 6* $60]

SPRING WEEKEND SEMINARS

Meditation on the Three Kayas

TARTHANG TULKU RINPOCHE

Experience of the three fundamental aspects of Reality–its manifestation as spontaneous and appropriate action in the Nirmanakaya, as responsiveness and genuine communication in the Sambhogakaya, and the voidness and interpenetrating clarity of the ultimate Dharmakaya.

[*April 26–28 $45/$60 residents*]

Kum Nye Relaxation for Older People

GAY LUCE

Especially designed for elderly people who have difficulty in the relaxation of body tensions. See Kum Nye course description p. 9.

[*May 11–12; 10–12 & 1–5pm, including lunch*
$35/$50 residents]

Kum Nye Relaxation

VIRGINIA VEACH [SUTTON]

See Kum Nye course description. A shorter version of the 10-week program.

[*May 17–19 $45/$60 residents*]

Vajrayana Visualization and Meditation

TARTHANG TULKU RINPOCHE

Emphasizes an introduction to the theory and practice of Tibetan Buddhism, providing integrated conceptual and experiential instruction in the esoteric Vajrayana theory and methods.

[*May 24–26, $45/$60 residents*]

Upa Yoga

TARTHANG TULKU RINPOCHE

The use of meditation to understand the nature of emotions, to transcend emotional disturbances and to transmute and integrate their energies into the meditation practice itself.

[*June 7–9 $45 / $60 residents*]

SUMMER COURSES

June 17 – July 19

Introduction to Kum Nye Relaxation

KUM NYE STAFF

This course will emphasize deep relaxation of the body. Kum Nye is a Tibetan term for various exercises that make the physical system function properly by restoring feeling and circulation.

[*July 22–August 2, weekdays 7–9pm* $65]

Kum Nye

Continuation course.

[*August 5–16, weekdays 7–9pm* $65]

Comparative Philosophies and Religions

HUSTON SMITH

See course description p. 16.

[*July 8–19, 7–9pm; July 6 & 15, 9:30–11:30* $90.00]

Buddhist Philosophy and its Development in Tibet

L. S. KAWAMURA

See course description p. 15.

[*June 17–20, 4–6, 7–9pm; June 24–27, 4–6pm* $65]

The Tibetan View of Indian Buddhism

YUICHI KAJIYAMA

See course description p. 15.

[*July 1–5, 4–6pm; July 8–12, 1–3pm; July 15–19, 4–6pm* $90]

The Buddhist Tradition of India

LEWIS LANCASTER

See course description p. 15.

[*June 24–July 5, weekdays, 7–9pm* $55]

Tibetan Language

Through the summer, intensive study in Tibetan language will be offered at beginning and advanced levels, including reading of Tibetan texts and tutorials. Instructor to be announced. Those interested please contact the Institute office.

SUMMER PROGRAMS

BUDDHIST PHILOSOPHY TRAINING PROGRAM

June 17–July 19, 1974

This intensive 5-week training seminar is designed for philosophy teachers—especially teachers of Asian philosophy—and others who are interested in effectively deepening their understanding of Buddhist philosophy.

A distinguished faculty of Buddhist scholars has been assembled to offer this program for the first time in the West. They will trace the development of Mahayana and Vajrayana thought and offer comparative views to provide an in-depth orientation to Buddhist theory and practice.

Applications will be accepted from teachers, advanced graduate students and laymen with a deep personal interest in Buddhism. The full program, which presupposes some previous knowledge of Buddhist thought, will consist of 5 course modules plus tutorials. Academic credit is available.

Buddhist Philosophy and its Development in Tibet

L. S. KAWAMURA

This course deals with the growth of Buddhist philosophical ideas and the distinctive contribution to it by Nyingma scholars. Special emphasis is laid on the Yogacara philosophy as it developed in India and as it continued in Tibet, as well as on the critique of this philosophy within the Tibetan tradition.

[*June 17–June 20, 4–6pm, 7–9pm*
June 24–June 27, 4–6pm]

L. S. KAWAMURA is a Buddhist priest in the Pure Land School. He received a Master's degree from Kyoto University and is presently a teaching fellow at the University of Saskatchewan.

The Buddhist Tradition of India

LEWIS LANCASTER

This course will deal with the broad outlines of Buddhist history and doctrine as it developed in India. The philosophical and religious problems to which the Buddhists addressed their texts will form the structure of the class. Comparison with similar questions and solutions found in Western philosophy will be urged.

[*Weekdays June 24–July 5. 7–9pm*]

LEWIS LANCASTER received his Ph.D. in Buddhist Studies at the University of Wisconsin. He is currently an Associate Professor at the University of California, Berkeley, and is chairman of the Group in Buddhist Studies there. Last year he co-led the University of California's Himalayan Manuscript Project.

The Tibetan View of Indian Buddhism

YUICHI KAJIYAMA

This class will consist of a series of lectures on the later development of Yogacara and Madhyamika epistemology and logic with reference to the Tibetan review of Indian Buddhism. The textual material used in the course will be mainly limited to that

corpus which was studied and commented on by the Tibetan monastic community.

[*Weekdays July 1–5, 4–6pm, July 8–12, 1–3pm, July 15–19, 4–6pm*]

YUICHI KAJIYAMA received his Ph.D. in Buddhism from Kyoto University, where he is presently Professor of Buddhism. In addition to many works in Japanese, he has written and taught extensively in English concerning Mahayana philosophy.

Comparative Philosophies and Religions

HUSTON SMITH

Taking off from his book *The Religions of Man* the contents of which will be presupposed but not repeated, Huston Smith will highlight the fact that not only the great revealed traditions but archaic, tribal ones as well—insofar as they have not degenerated—share, at their 'abstract' esoteric levels, a common conceptual spine. Emphasis on the Vedanta, Taoism, Nagarjuna, Zen, Vajrayana, Neoplatonism, and the Red Indians.

[*Weekdays July 8–19, 7–9pm, July 6 & July 15, 9:30–11:30am*]

HUSTON SMITH is Professor of Religions at Syracuse University. His books, films (one of which, *The Music of Tibet,* has won numerous awards), records, and teaching career have been devoted to bridging intellectual gulfs between East and West, between science and the humanities, and between the formal education of the classroom and informal education via films and television.

Experiential Seminar in Nyingma Philosophy

TARTHANG TULKU RINPOCHE

An introduction to the meditational techniques of the Nyingma School. Emphasis on relationship between Buddhist philosophical thought and meditational practice.

[*Weekdays July 8–13, 4:00–5:30pm*]

TARTHANG TULKU RINPOCHE is a reincarnate lama of the Tarthang Monastery in Eastern Tibet. Rinpoche has mastered various aspects of Tibetan culture, philosophy, psychology and meditation and has comprehensively studied the Nyingma school of Tibetan Buddhism for over twenty-five years. Rinpoche is the founder of both the Tibetan Nyingma Meditation Center and the Nyingma Institute.

In addition to the five formal courses, small group tutorials will be arranged and taught by the Institute staff. Participants may expect to have the morning and early afternoons free for dialogue, tutorial and research. Lectures are scheduled for late afternoon and early evening.

The program involves full-time study for 5 weeks. The cost is $550 for residents (including double-occupancy and meals) and $350 for non-residents. Application, with a $75 non-refundable deposit should be made to the Institute prior to June 1, 1974. Please include information regarding your profession and present interests, and your history in the study of Buddhism.

NYINGMA INSTITUTE
1815 Highland Place
Berkeley, California 94709
(415) 843-6812

NYINGMA HUMAN DEVELOPMENT TRAINING PROGRAM

July 8–August 30, 1974

An 8-week intensive training course covering the basic practices and insights of Tibetan psychology and philosophy will be open to psychiatrists, clinical psychologists, and other mental health professionals this summer. Tarthang Tulku Rinpoche, a lama from the oldest school of Tibetan Buddhism, will personally instruct the participants in the methods and insights of Nyingma psychology.

Over many centuries Nyingma lamas have explored the structure and functions of human consciousness, the emotions, and interpersonal relationships. They evolved a comprehensive theory of human psychology, integrated into a philosophy in a manner that could be used practically to further the development of individual human beings. This comprehensive theory of human consciousness and nature extends into aspects of human experience and potentials that are not encompassed in Western psychology.

An experimental training program with 50 mental health professionals in 1973 proved so rewarding and useful that the 1974 program will include further aspects of Nyingma psychology that have not been taught in the West before—such as the advanced exercises of Kum Nye and Shin Jhong. The program is designed for mental health practitioners who can use their training to enhance therapy, or to influence mental health concepts and treatment.

The program will include basic instruction in the philosophy and theoretical background of Nyingma psychology. However, this is not a reading course, but an invitation to continued dialogue, thought and profound examination of psychological axioms. The program will include over sixty physical exercises relating to special emotional states and difficulties. These exercises have proven valuable in Western therapy situations, and their use and explanation will continue throughout the session. A variety of mantras will be included, along with explorations of their effects upon consciousness.

Throughout the program participants will receive instruction in deep relaxation, visualization and meditation—a kind of mental training that is virtually nonexistent in the West. Here, again, the psychological knowledge is not a purely intellectual understanding, for only by a degree of practice and self-training can a person quiet certain mental processes enough to analyze aspects of consciousness. Thus the program will emphasize the development of new skills and awareness in the participant who will have an opportunity to practice diagnostic and therapeutic exercises during the summer session. It is also suggested that participants make plans for a personal 30-day retreat to follow the 8-week schedule.

The Nyingma practices integrate psychology and philosophy so that they cannot be understood as disparate techniques. The summer training program is designed to enable participants to absorb such an integration of philosophy, theory and practice.

The program will begin on July 8 and run through August 30, 1974. Tuition will be $700 for non-residents, and $1,075 for residents (including double-occupancy and meals). Application, accompanied by a $150 non-refundable deposit, should be made before June 1, 1974.

Your application should include the following:
(please answer starred items in detail)

NAME
ADDRESS
PHONE
AGE
SEX
MARITAL STATUS
ANALYSIS OF GENERAL HEALTH
PHYSICAL LIMITATIONS
PRESENT EMPLOYMENT
PRIOR EMPLOYMENT*
PROFESSIONAL DEGREES, LICENSES, AND QUALIFICATIONS*
EXPERIENCE IN TEACHING*
THERAPY EXPERIENCE*
AREAS OF PSYCHOLOGY YOU HAVE EXPERIENCED*
IDEAS AS TO HOW YOU WILL USE THIS TRAINING*

Please also write a short essay—3–4 pages—which explains your experience, your interest in Nyingma techniques, and why you feel this program may be of benefit.

Send application to:

NYINGMA INSTITUTE
1815 Highland Place
Berkeley, California 94709
(415) 843-6812

GRADUATE PROGRAM

The major aim of the graduate program is to prepare individuals to take an active role in the transmission of Nyingma theory and practice to the West. This is not a typical degree-oriented program. We believe it is best suited to mature, experienced persons capable of an advanced level of learning.

The Institute's graduate program has the flexibility to accept students at any graduate or professional level, including post-doctoral. Participants would bring to the program, hopefully, 1) a sound knowledge of Western psychology, 2) a familiarity with Buddhist philosophy, and 3) experience in therapeutic and teaching relationships with people.

At all levels, class work in Nyingma philosophical thought and in Nyingma psychological methods will be a ground for the individual's development of a program. This development will be based on the individual's experience of a full range of Nyingma meditational practices, including one or more month-long retreats under the direct guidance of Tarthang Tulku Rinpoche.

Masters Program

In offering a Masters Degree, the Institute conforms with the usual legal and academic requirements yet wishes to go far beyond the current connotations of an M.A. degree. The successful graduates should have brought to life a *mastery* over the subject matter which enables them to teach others and to practice the teachings of the Nyingma school in a clear and very effective way. In the western world there are perhaps no adequate terms to denote this role of practical mastery.

In Tibet, the Nyingma tradition developed, in addition to lamas, a strong base of lay (non-ordained) practitioners, who received intensive training and led active lives in the closest contact with people and their problems. It may not be possible to transplant the entire Tibetan concept to America, yet we are confident that a

skillful core of practitioners with a deep understanding of Nyingma teaching will be a powerful force and benefit in these times.

Those interested in obtaining more information about the Graduate and Masters Degree programs may contact the Institute office for details.

GENERAL INFORMATION

Retreats

During the Spring quarter, the facilities of the Institute will be available for retreats under the guidance of Tarthang Tulku Rinpoche. These retreats, which may be from three weeks to two months long, will provide a time for intensive meditational practices—without outside activity and with meals provided. While these retreat facilities are primarily intended for Institute graduate students, interested persons may inquire as to costs and other details.

Bookstore

The Institute's bookstore, in addition to a varied selection of popular work on Buddhism and Tibet, also carries a fine selection of Tibetan art. Our latest publications include *Calm and Clear, The Legend of the Great Stupa* and the *Guru Padmasambhava Thanka.*

Gesar News

Gesar News is a quarterly publication of the Nyingma Institute and the Tibetan Nyingma Meditation Center. In addition to articles about Tibetan Buddhism and excerpts from lectures given here, it serves as a newsletter. Each edition carries a chapter in the life of the great mythical figure, Gesar of Ling. Subscriptions are available for a voluntary contribution of $3.50 per year.

Institute Library

The Institute's library continues to grow, largely through gifts and grants. At present we are most interested in obtaining the 168-volume modern reprint of the Peking (1737) edition of the Tibetan Tripitaka *(Bkah-hygur* and *Bstan-hgyur).* It consists of more

than 3,500 canonical works of Indian origin, translated from Pali and Sanskrit into Tibetan by generations of scholars—a fundamental and indispensable resource for Buddhist scholarship. Cost of this edition is approximately $8,200. If you are able to help us with this purchase, please contact the Institute.

Financial Agreement

Unless otherwise noted, a non-refundable registration fee of $15.00 per class is due with application. Balance of tuition is due at the first class period.

Unless otherwise noted, 100% refunds of tuition will be made prior to first meeting of class. Prorated refunds will be made until the end of the third week of classes, after which no refund will be made.

Because of limitations in class size, some applications may not be accepted. In all such cases, deposits will be refunded.

APPLICATION FORM

In the Spring/Summer quarter I wish to enroll in the following courses and seminars:

QUARTER	COURSE TITLE	INSTRUCTOR	COST	PAYMENT ENCLOSED

I wish to apply for ☐ Human Development Training Program.
☐ Buddhist Philosophy Training Program.

I enclose deposit of ☐ $150 and wish to be a ☐ resident.
☐ $75 ☐ non-resident.

☐ I am interested in entering the Graduate Program. Please send more information.

☐ I would like to receive *Gesar News*, the newsletter of the Nyingma Institute and the Tibetan Nyingma Meditation Center [$3.50 per year].

NAME _____

ADDRESS _____ ZIP _____

CITY _____ STATE _____

TELEPHONE _____

Personal Background:
Occupation

Experience in Meditation

Experience in Buddhism

Total amount enclosed $_____

[Please make check payable to the NYINGMA INSTITUTE.]